

What is **Meth**?

Meth is short for **Methamphetamine**

Methamphetamines are synthetic mixtures of powerful chemical stimulants which are "cooked" in illegal, easy-to-set up labs.

The Washington State Alcohol/Drug Clearinghouse is a department of the Alcohol/Drug Helpline. **WSADC** offers an up-to-date collection of prevention and treatment related educational resources for all audiences. As you learn more about issues relating to alcohol and other drug abuse, keep in mind that **WSADC** can help you by offering you access to free prevention materials. The **WSADC** is a State Center member of the Regional Alcohol and Drug Awareness Resource (RADAR) Network and is funded by **DSHS-DASA**.

Which Do You Want?

Chemicals used to make **Meth**

- Ether** (starter fluid)
- Sulfuric Acid** (drain cleaner)
- Acetone** (nail polish remover)
- Lithium Metal** (batteries)
- Toluene** (brake cleaner)
- Red Phosphorus** (matches/road flares)

Meth looks like

- White or gray powder**
- Beige granules**
- Rock salt, Rock candy**
- Slivers of ice, Slivers of glass**

Generally sold in plastic baggies, paper bundles or heat-sealed cellophane.

How is **Meth** taken?

- Smoked, Injected**
- Snorted, Orally ingested**

To discuss an alcohol or other drug abuse problem contact the
24/7 Iowa Drug and Alcohol Help Line
1.866.242.4111

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UNITED STATES ATTORNEY'S OFFICE
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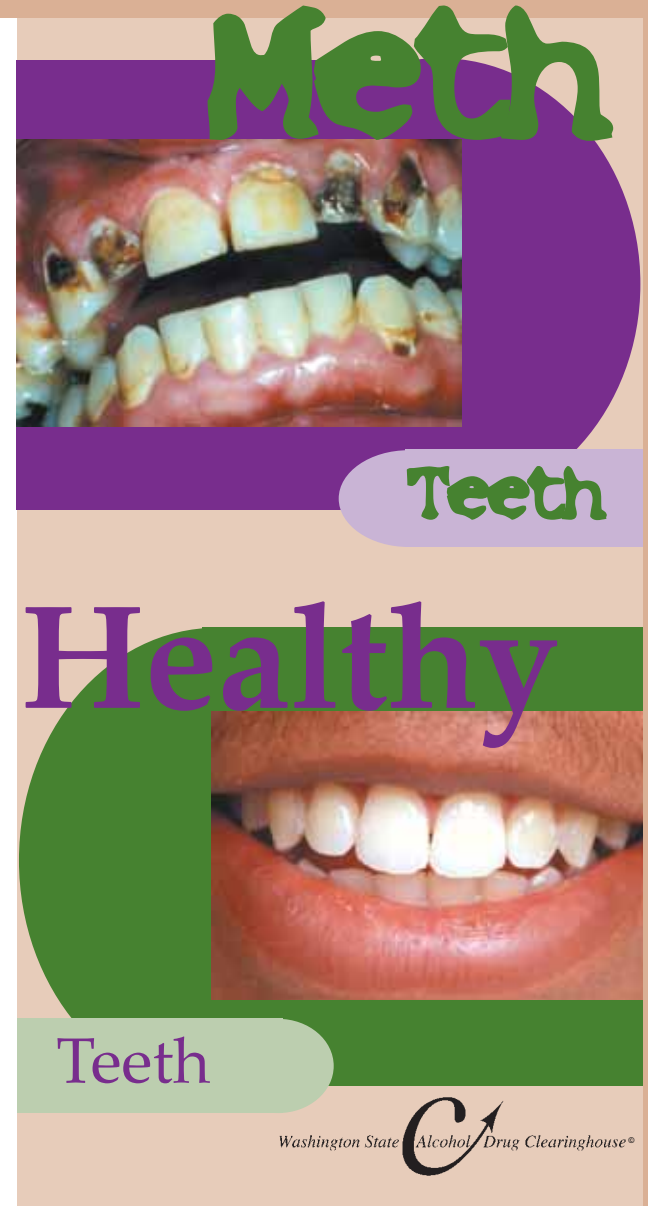
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Your teeth on Meth



A 23 year old male's teeth and gums after 3+ years of Meth use.

Facts about your teeth on Meth

- Extremely painful** teeth & gums
- Bad** taste from infection and nasty smell
- Infected** teeth cause an unhealthy body
- Lack** of sleep due to **painful** teeth
- Feel** bad about yourself
- Unable** to eat or chew many solid foods
- Jawbone** loss
- Gum** disease
- Costs big bucks** to restore or replace teeth
- Rapid** decay of teeth
- Loss** of teeth



What's left from a Meth user after 3 years of Meth use.

Meth eats you

Meth is a powerfully addictive drug that "eats" your body from the inside out. For a meth user, by the time the teeth look like this,

brain cells have been "eaten" and permanently damaged.

As meth flows through the blood to the heart, muscles, bones and teeth,

it eats cells deposits toxins and poisons and destroys healthy tissues.

What happens after they pull the Meth eaten teeth?



So you think dentures are the solution?

When teeth are pulled, the jawbone will start to slowly shrink over the years.

Dentures sit on the bone ridge.

The **disadvantage** of getting a denture at a young age, like 23 years old, is by the time you're 60 your bone ridge will have shrunk beyond the point of wearing a denture functionally, thus leaving you a **denture cripple**.

What do you know about teeth and dentures?

Answer the following questions true or false

Your blood flows through your teeth.

When your blood needs calcium it first will take it from the jawbone.

Natural teeth chew with 150lbs of pressure.

Gum tissue for dentures can only support 5 to 25lbs of pressure.

With dentures you cannot bite or chew with your front teeth.

Dentures need to be replaced every 5 years.

Dentures only function at 10% of the efficiency of your natural teeth.

If you have all your teeth pulled then you may instantly look at least 10 years older.

if you answered true to all the above you are 100% correct.